EDIBLE ISLA

WHOLE FOODS MARKET

We're Here for You!

SeaMAG Topical Magnesium Spray

ITL HEALTH

★ Soothe and 17.99 relax tired 250 ml **SAVE \$2.00** muscles, 100% pure, quickly absorbs to deliver targeted relief and support overall skin health * No additives

🎓 All ITL Health On Sale 🕡 🗘

25.99



HEALTH

NOW Super Enzyme

Fast activing 48.99 comprehensive formula aids diges- 180 Caps **SAVE \$4.00** tion, breaks down proteins, fats & carbs, alleviate bloating, heart burn, acid reflux All NOW Digestive On Sale



NEW ROOTS HERBAL Vitamin C8

Formulated with 44.99 8 forms of buffered vitamin C and 180 Caps **SAVE \$4.00** nutraceuticals dedicated to excellent health, less acidic, enhanced absorption



All NRH Vitamin C On Sale

EVERYONE

3-in-1 Soap

A plant-based 946 mL **SAVE \$2.00** do it all cleanser! Body wash, shampoo or bubble bath - a refresh from head to toe, aently nourishina



All Everyone Products On Sale



HEALTHOLOGY

Gut-FX

180 g SAVE \$3.00

38.99

∗Ultimate formula to repair intestinal tract lining, heal inflammation, support healthy gut flora & restore gut health All Healthology On Sale



PRAIRIE DOCTOR ORGANIC Extra Strength NON GF

Acts as a supportive \$3.00 therapy in treatment of colds, flu, upper respiratory and urinary infections, sustainably sourced

Echinacea

All Prairie Doctor Immune On Sale



0 NON ECHINACEA

ORGANIC PRODUCE

ORGANIC Lemons



.49 lb \$5.48 kg **SAVE \$1.00/lb**



1.99 lb \$4.38 kg GREAT BUY!!



Your One Stop Health Food Shop!

1.49 lb \$3.28 kg HOT PRICE!!

GROCERY

O'DOUGHS Gluten-Free

4.99 Bagels 300 g

SAUE 48 28%

* ALL O'DOUGHS' MUFFINS &









NUTS TO YOU Almond 16.99

★ 6 ALMOND **BUTTERS** ON SALE!

735 g







NOW ORGANIC Hibiscus Tea

7.29 Many On Sale! 24 Tea Bags

SAUE OUER 30%



PACIFIC FOODS ORGANIC

Cashew Carrot Ginger Soup

* 11 SOUPS AND **SAUE 48 28%**

CHILIS ON SALE! 1 Litre 5.79



THE CULTURED COCONUT Best-Selling ORGANIC

Coconut Probiotic ★ 4+ TRILLION CFU PER TBSP!

22.99

SAVE \$6.00



BRAGG Top Selling ORGANIC 9.99

Apple Cider Uinegar **★**COCONUT NECTAR

ALSO ON SALE!





GIMME ORGANI

Roasted Seaweed Snacks

6 x 4.5 g 6.99

*ALL 6-PACKS ON SALE!



LOOP MISSION Cold Pressed

Deep Green Juice 355 mL

SAUE 23% OR MORE ★ ON 2 FLAVOURS!



LOVEBIRD ORGANIC Grain-Free

🛊 3 FLAVOURS!

29% NON GF P

New! 9.99 198 g SAUE



Riegse check all ingredients to ensure products























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SALES ON **FROM**

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EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116