

EDIBLE ISLAND

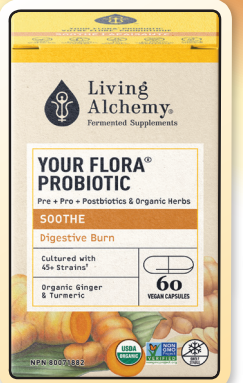
WHOLE FOODS MARKET

We're Here for You!

LIVING ALCHEMY

Your Flora Probiotic Soothe

★ Helps reduce digestive inflammation, relieve heartburn and nausea, supports digestive health and optimizes healthy gut flora
★ Shelf stable



60 Caps **SAVE \$4.00** **43.99**

HEALTH

NEW ROOTS HERBAL

Wild Omega 3

★ Ultrapure pharmaceutical grade fish oil, improves cognitive function, supports heart health and reduces inflammation
42.99
120 sGels **SAVE \$3.00**



NATURAL FACTORS

Milk Thistle 250mg

★ Protects liver health, supports detoxification reactions and digestion & gall-bladder function, helps with recovery from liver damage
19.99
120 Caps **SAVE \$3.00**



HEALTHOLOGY

Liv-Great

★ Supports the liver by boosting detox capacity, protecting from damage, supporting phase 1 & 2 detoxification
★ **Floradix and Floravit also On Sale**
38.99
60 Caps **SAVE \$4.00**



HARMONIC ARTS

Lion's Mane Tincture

★ Brain-boosting nootropic to nourish the mind and mood, supports cognitive health & immunity
31.99
100 mL **SAVE \$4.00**



NATURE'S WAY

Calcium & Magnesium Citrate 2:1

★ With bone-friendly Vit D and K2, Collagen, Manganese, Boron in a great tasting liquid to support the maintenance of bones and teeth
29.99
500 mL **SAVE \$4.00**



Join us for Wellness Wednesday March 26th

ORGANIC PRODUCE

ORGANIC

Sugar Snap Peas MEX



9.99 lb
\$21.98 kg
SAVE \$1.00/lb

ORGANIC

Avocados MEX



1.99 ea
GREAT BUY!!

ORGANIC

Zucchini MEX



1.99 lb
\$4.38 kg
SAVE \$1.00/lb

GROCERY

TAJ MAHAL

All Heat-and-Serve Dinner Packs

★ 8 TYPES
285 g
3 FOR \$9
Mix & Match Sale!
SAVE 33% UG



PACIFIC FOODS

ORGANIC Low Sodium Vegetable Broth

4.99
1 Litre
SAVE 23%
★ ALL BROTHS ON SALE!



HORNBY ORGANIC ORGANIC

Energy Bars

2.79
ALL 80 g BARS
SAVE 20% O, NON-GMO, GF, DF, SF



YOGI ORGANIC

Egyptian Licorice Tea

5.99
16 Bags
★ 12 FLAVOURS ON SALE!
SAVE 20% O, NON-GMO, B, GF, K



CREEKMORE'S COFFEE

ORGANIC Komodo Decaf Dark Roast Coffee

12.99
400 g
SAVE 35%
★ LOCAL COFFEES AT A GREAT PRICE! GET IT WHILE IT LASTS!



GUAYAKI ORGANIC

Yerba Mate

ALL 458 mL CANS
ONLY 2.99 O, NON-GMO, B, K



RIZOPIA ORGANIC

Gluten-Free Brown Rice Pasta

★ 5 TYPES O, NON-GMO, GF, SF

3.49
454 g
SAVE 19%



L'ANCÊTRE ORGANIC

Gouda Cheese

7.99
170 g
SAVE UP TO 20% O, NON-GMO, GF
★ ON 9 VARIETIES OF CANADIAN-MADE CHEESE!



MARY'S ORGANIC

Gluten-Free Sea Salt Thin Crackers

6.69
142 g
SAVE UP TO 26% O, NON-GMO, B, GF, DF
★ ON A VARIETY OF KOOKIES AND CRACKERS!



★ Please check all ingredients to ensure products are right for you



SALES ON FROM

MARCH 26TH TO APRIL 1ST

EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116

